

---

# FRIDAY

---

## WRIST ARTHROSCOPY - BASIC COURSES

8:00 am ◦ REGISTRATION AND WELCOMING OF PARTICIPANTS

8:30 am ◦ **THEORETICAL SESSION 1**

- > History and principles of wrist arthroscopy
- > Wrist arthroscopy anatomy
- > Indications-Complications
- > Technique and portals
- > Removal of dorsal and volar synovial cyst

9:30 am ◦ **HANDS-ON SESSION 1**

- > Exploration of normal wrist joint
- > Removal of foreign body, Synovectomy, Removal of Synovial cyst

12:30 pm ◦ LUNCH AT THE INSTITUTE

1:30 pm ◦ **THEORETICAL SESSION 2**

- > Styloidectomy
- > Distal resection of the ulna
- > Principle of TFCC repair
- > Extrinsic ligaments in scapholunate stability
- > Scapholunate tear: arthroscopic repair

2:30 pm ◦ **HANDS-ON SESSION 2**

- > Styloidectomy, Peripheral TFCC repair, Wafer, WADCLR

6:00 pm ◦ END OF SESSION

8:00 pm ◦ DINNER IN HONOR OF PARTICIPANTS AT BRASSERIE LES HARAS

---

# SATURDAY

---

## WRIST ARTHROSCOPY - BASIC COURSES

8:00 am ◦ EVALUATION OF THE PREVIOUS DAY

8:30 am ◦ **THEORETICAL SESSION 3**

- > Distal radius fracture
- > Scaphoid fracture
- > Scaphoid fracture - fibrous non-unions : graft or not?
- > Scaphoid non-union
- > Arthroscopic grafting of lunate bone ganglion

9:30 am ◦ **HANDS-ON SESSION 3**

- > Radius and scaphoid fracture
- > Bone grafting: scaphoid, lunate

12:30 pm ◦ LUNCH AT THE INSTITUTE

1:00 pm ◦ **E-CONGRESS**

- > Lectures
- > Re-Live Video
- > Discussion of clinical cases

2:30 pm ◦ **OPEN WRIST SESSION**

- > Distal radius session
- > Trapezium implant
- > Total wrist prosthesis
- > Other techniques

4:30 pm ◦ END OF COURSE  
DELIVERY OF CERTIFICATES OF ATTENDANCE